It's frights, camera, action

Adrenalin sports never go out of fashion, but the way we capture those thrilling moments is constantly evolving.

Aussie company Kogan has just released the Action Cam 3+, which will deliver when the tough get going.

The camera weighs 88g without the case, has a 1.5-inch (3.8cm) colour screen and is super-easy to use.

It ships with a plethora of extras, including a waterproof case, handle and helmet straps, suction cap, car charger, and wrist straps for hands-free action.

It connects via mini USB and HDMI, and for the advanced user an external microphone can be attached to capture audio feeds.

The Action Cam 3+ has an 8MP camera and can record video at 1080i with 60FPS, which will be captured on micro SD card. It can withstand depths of up to 100m, but it can't be turned off when the waterproof casing is attached.

There are three different fields of view and the built-in motion-sensor can be set to start and stop recording automatically. RRP $149.

— ASH
www.TekTime.com.au