



Runners ruin

Whether you're an avid runner seeking a personal best, a casual jogger or just not that into it yet, we've got a whole lot of cool new gear that will keep you motivated.

North Face Reaxion Amp Crew T-shirt

All runners need a go-to shirt. This tee will keep you comfy and dry as you work up a sweat. Crafted from technical fabric, the t-shirt feels like cotton while providing exceptional moisture management.

RRP: \$44.95 www.paddypallin.com.au



New Balance Fresh Foam Zante

Be gone in a flash of wild colour with the latest release from New Balance for the fast-paced runner. Inspired by the energetic Greek lifestyle, the Fresh Foam Zante is designed to help runners meet and beat personal bests. The Fresh Foam technology provides a smooth underfoot feel with each stride and creates a soft, lightweight shoe.

RRP: \$150 www.newbalance.com.au



Henty Wingman Backpack

Love the idea of running to work but don't know how to transport all your things? Enter the Henty Wingman. This backpack has been designed to transport business suits, shirts, iPads and accessories all in a cylindrical tube across your back while you run or ride.

RRP: \$239 www.henty.cc

Fortis Compression Tights

Give those muscles a helping hand to recovery with a pair of compression tights. Sleek and light, the Fortis Men's Compression Tights deliver targeted support to the major muscle groups by aiding in the delivery of oxygen for a faster warm up and recovery. They're also made from quick-dry material to keep you cool and refreshed throughout your workout.

RRP: \$39 www.kogan.com



TriggerPoint GRID foam roller

Regular foam rolling aids muscle recovery and can prevent running injuries caused by tightness. The GRID is TriggerPoint's flagship foam roller and has been designed with a variety of widths to replicate the feeling of a massage therapist's hands. It works muscle tissue to release and relieve aches and pains in the calves, quadriceps, hamstrings, back and lats. The GRID is available from Rebel Sport and Workout World.

RRP: \$69.95 www.tptherapy.com



We have two to give away. See page 34.