



## **BVWLSTENMRA Pad for Bella Vita Wireless TENS Massager**

### **How to apply gel pads**

The placement of gel pads can be one of the most important parameters in achieving success with therapy.

With device powered off, apply gel pads to the exact site indicated by your physician or healthcare professional. The skin at the application site must be clean and dry.

Press gel pads firmly to the skin, making good contact between the skin and the gel pads. NEVER remove the self-adhesive gel pads from the skin while the device is turned on.

Gel pads must be placed at least 5cm apart.

### **Caution**

Never apply gel pads to:

- The head or any area of the face
- The side of the neck (on the carotid sinus) or any area of the throat
- Both sides of the chest simultaneously or across your chest
- The spine
- Both legs or both arms at the same time



### **Note**

- Read all instructions and warnings in the Bella Vita Wireless TENS Massager user manual prior to using recommended pad.
- After finishing treatment, place the gel pads on the plastic film and then store in the sealed package.

User manual is subject to change without notice. For the latest version of your user manual, please visit <https://www.kogan.com/usermanuals/>