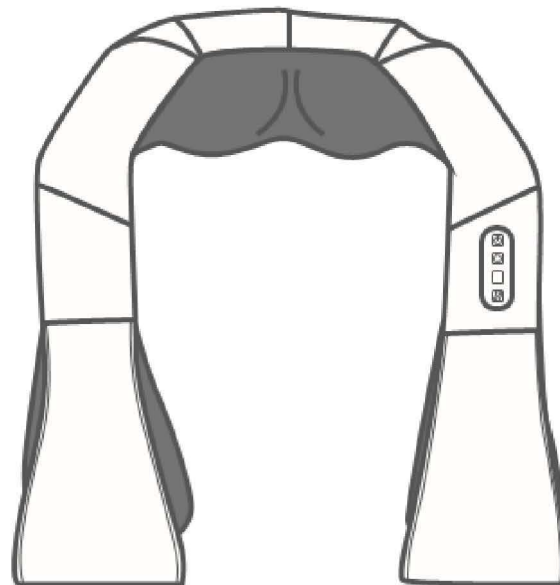




**BVWMSGSHNSA**  
**Bella Vita Heated Wireless Shiatsu**  
**Neck & Shoulder Massager**

**USER MANUAL**



## Attention

Please handle this product with care and inspect it regularly to ensure it is in good working order.

If the product, power supply cord or plug shows any signs of damage: stop use, unplug and contact [Kogan.com](http://Kogan.com) support.

# Table of Contents

Safety & Warnings.....1  
Overview.....1  
Operation.....2  
Benefits of Massage.....2

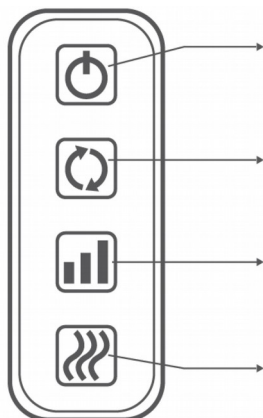
## Safety & Warnings

- Read all instructions before using the appliance and retain for reference.
- After use and before cleaning, unplug the unit from the power outlet.
- If the massager falls into water while plugged to an electrical outlet, unplug immediately.
- Never drop or insert any object into any openings.
- Do not pull at the power connection, as a bad connection will cause the product to stop working.
- Do not use while bathing or in the shower.
- Do not place or store your massager where it can fall or be pulled into water.
- This appliance contains no user-serviceable parts. If it suffers any failure or damage, cease usage and contact Kogan Support after consulting the Troubleshooting section of this manual.

**IMPORTANT:** Certain medical conditions require caution regarding use of a massaging device. Consult with a physician if any of the conditions apply to you or to individual attempting to use this device:

- During pregnancy or soon after giving birth.
- Individuals with a pacemaker or any other implanted medical device
- Individuals with circulatory disorders
- If you feel any discomfort, feel sick or any other discomfort stop using it immediately
- An individual with hypertension or heart condition
- If you have fragile or damaged bones
- If you have any irregular medical condition.

## Overview



- **Power Button ON/OFF**  
Press to begin 15minute treatment cycle. Unit will auto Shutoff after 15 minutes
- **Message Direction (Forward/Reverse)**  
Press to alternate between forward and reverse modes
- **Message Speed (High/Middle/Low)**  
Press to select the massage intensity
- **Heat Function (ON/OFF)**  
Press to turn heat function on or off

## Specifications

Power consumption: 24W  
Voltage: DC 12V 2A

## Operation

- To charge, connect the power adaptor into the power port. When connected to power, a blue light will illuminate and disappear when fully charged (approx. 3.5 hours, 1~2 use per charge),
- Grip the positioning handle and drape the main unit around your neck with the Shiatsu Nodes in the centre of your back.
- Press the power button for around 3.5 seconds to begin massage.
- Press and hold the massage direction button two switch between auto and single direction modes.
- Press the heat button to activate and deactivate heat.
- Press the power button to turn the unit off. It will deactivate automatically after 15 minutes' continuous use and can be turned on again if desired.

## Benefits of Massage

### Improve quality of sleep

Massage can relax the body, eliminate fatigue and relieve pressure. This helps to improve the quality of rest and sleep.

### Improve body function

Massage promoted blood circulation for the body to utilise nutrients, improves lymph mode detoxification and relaxes muscles to help maintain an overall natural balance.

### Improve gastrointestinal function

Massage has been shown to improve gastrointestinal function by promoting healthy bacteria and improving digestion. This also aids in relieving pressure, constipation and other adverse gastrointestinal conditions.

User manual is subject to change without notice. For the latest version of your user manual, please visit <https://www.kogan.com/usermanuals/>