

# beurer

## MG 70



**D** Infrarot-Massagegerät  
Gebrauchsanleitung

**GB** Infrared Massager  
Instruction use

**F** Appareil de massage à infrarouge  
Mode d'emploi

**E** Aparato de masaje con infrarrojos  
Instrucciones para el uso

**I** Apparocchio per massaggi  
a raggi infrarossi  
Istruzioni per l'uso

**TR** Infrarujlu Masaj Aleti  
Kullanma Talimatı

**RUS** Прибор для массажа  
Инструкция по применению

**PL** Aparat do masażu z  
promiennikiem podczerwieni  
Instrukcja obsługi

**NL** Infrarood massageapparaat  
Gebruikshandleiding

**P** Massajador de corpo com  
infravermelhos  
Instruções de utilização

**GR** Συσκευή μασάζπερύθρων  
Οδηγίες χρήσης

## Dear Customer,

Thank you for choosing one of our products. Our name stands for high-quality, thoroughly tested products for the applications in the areas of heat, weight, blood pressure, body temperature, pulse, gentle therapy, massage and air.

Please read these instructions for use carefully and keep them for later use, be sure to make them accessible to other users and observe the information they contain.

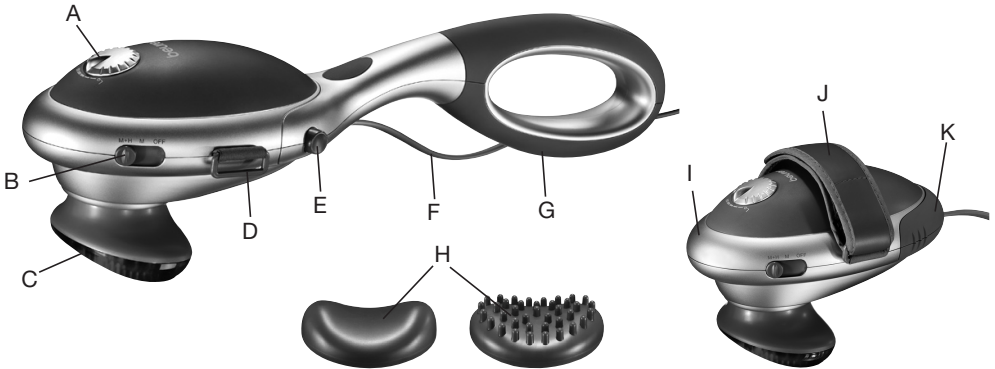
Best regards,  
Your Beurer Team

## 1. Important Notes

- Connect the device only to the voltage stated on the type nameplate
- As with every electrical device, this massage device should be used carefully and cautiously in order to avoid the risk of electric shock:
  - unplug the mains cable immediately after use.
  - prevent any contact with water (except when cleaning with a slightly damp cloth). Water must never get inside the device. Never submerge the device in water. Never use the device in the bath, in the shower, in a swimming pool or over a basin filled with water. However, if water has got inside the casing, unplug the device immediately and contact your electrical dealer or customer service.
  - The device and in particular the mains cable should be checked for any damage before each use.
  - Never plug the device into the mains power supply if the cable is damaged. Contact your electrical dealer or customer service.
  - Repairs must be carried out only by customer service or authorised dealers.
  - Never hold or carry the device by the mains cable.
  - If a fault should occur during use, switch off the device immediately and unplug it from the socket.
- The device is intended only for the purpose described in these instructions for use. The manufacturer can accept no liability for injury arising from incorrect or careless use.
- Do not use any massage attachments other than those supplied with the device.
- The device is only intended for individual use, and not for medical or commercial use.
- Do not use the device continuously for longer than 20 minutes to avoid overheating. Let the device cool down before using it again.
- The surface of the device becomes warm during use. Persons insensitive to heat should be particularly careful.
- Never insert any objects into the device through the openings. Make sure that the movable parts can always move freely and that no objects or even fingers are jammed. Make sure that no hair can get caught in the device. Wear a hairnet if necessary.
- Switch off the device and disconnect it from the mains when you are removing or attaching the handle or any massage attachments.
  - Never cover the device when it is switched on (with blanket, pillow etc.)
  - Never operate the device unsupervised, especially if there are children in the vicinity.
- Children, helpless or disabled persons must use the device only under adult supervision or must be familiarised with the device beforehand.
- Do not use with animals or pets.
- Persons with cardiac pacemakers are requested to consult their doctor before using the massage device and never to massage the region of the heart.
- Never use the device on swollen, burned or injured areas of skin.

- ! The following should also not be massaged: bones (e.g. joints, spine), the head or other sensitive areas of the body.
- Do not carry out a massage if you have a cold with a high temperature, varicose veins, thrombosis, vein inflammation, jaundice, diabetes, pregnancy, nerve disorders (e.g. sciatica) or acute inflammation. In such cases, consult your doctor.
- Do not use the massage device in bed. You must never fall asleep during use.

## 2. Device description



- A Control (steplessly adjustable massage speed)
- B sliding switch:
  - OFF
  - M – Massage
  - M+H – Massage and infrared heat
- C Massage surface with infrared heat
- D Fastening for hand strap
- E Buttons to lock the handle
- F Power cable
- G Non-slip removable handle
- H Exchangeable massage attachments:
  - soft attachment
  - knobbed attachment
- I Massage head
- J Hand strap
- K Plug-in cover

## 3. Use

Purpose: The appliance is used solely for massaging the human body.

Decide whether you wish to use the massage device with its handle attached or without a handle, using a hand strap. To remove the handle, press hard on the two retention buttons on either side of the handle and pull the handle off the massage head. Insert the plug-in cover into the back of the massage head.

Put your hand under the hand strap. Using the Velcro fastener, adjust the length of the hand strap so that you can hold the massage head in your hand and guide it safely.

If you wish to attach the handle again, first pull off the plug-in cover and reattach the handle until it is heard to engage. The power cable emerges from beneath the handle retainer.

You can massage with or without the massage attachment. Simply choose the massage at-

tachment that you prefer. With M+H infrared heat treatment, any massage attachments will prevent the heat supply of the infrared source. You should therefore only operate the device on ,M' if a massage attachment is fitted.

Make sure that the device is switched off before inserting the power cable. Switch on the device by setting the sliding switch to ,M' (,Massage only') or ,M+H' (,Massage with infrared heat').

Set the required massage speed using the control. Place the device on the part of the body which you wish to massage. You can stand up, sit down or lie down and you can either massage yourself or massage somebody else. Massage intensity can be varied by exerting more or less pressure on the massage device. Never massage a specific part of the body for longer than 3 minutes without changing to another area of the body. After using for a maximum of 20 minutes, switch off the device again, disconnect the plug and let it cool down. Store the device in a dry place.

#### **4. Cleaning**

To clean the unplugged device after it has cooled down, wipe with a slightly damp cloth. You can use a mild cleaning agent. However, ensure that water never gets inside the device. Do not use the device again until it is completely dry.

#### **5. Disposal**

Please dispose of the device in accordance with the directive 2002/96/EG – WEEE (Waste Electrical and Electronic Equipment). If you have any queries, please refer to the local authorities responsible for waste disposal.

